

**HAS AN OPENING FOR THE POSITION OF
Cognitive Behavioural Therapy (CBT) Therapist- Ontario Structured
Psychotherapy Program**

(1.00 FTE – 37.50 HRS/WEEK)

LOCATION: Dryden

Salary Range \$34.37-\$39.84/hour

Position Summary:

Reporting to the Program Lead – Canadian Mental Health Association, Fort Frances Branch the Cognitive Behavioural Therapist (CBT) Therapist will provide evidence based, short term, client centered Cognitive Behavioral Therapy (CBT) and related approaches to individuals with mild to moderate mental health issues related to obsessive compulsive disorder, health anxiety, panic, phobias, social anxiety, depression and trauma. The Cognitive Behavioural Therapy (CBT) Therapist will possess strong clinical therapy skills and expertise completing comprehensive assessments, developing treatment goals, monitoring progress through measurement-based care and delivering full courses CBT treatment.

Essential Duties:

- Provides individual or group protocol-based structured psychotherapy, including CBT and CPT, in adherence with the OSP Clinical Training guidelines.
- Provides psychotherapy services virtually, in person or over the telephone based on client needs with the ability to transition effectively and efficiently between these various modes of treatment delivery as required.
- Conducts clinical assessments to identify symptoms, develop treatment goals and to inform individualized treatment plans including discharge planning.
- Actively participates in safety planning in consultation with the Clinical Coordinator when required.
- Participates in the OSP Clinical Training Program and ongoing professional education when required.
- Participates in ongoing and regular clinical consultation and related clinical activities adherence with OSP fidelity monitoring requirements and program guidelines.
- Works in collaboration with the Clinical coordinator to arrange step up or step down care.
- Participates in regular clinical consultation meetings to review training goals, application of clinical skills and clinical evaluation with clinical coordinators at the frequency outline in the OSP clinical consultation guide.
- Works in a manner that preserves, maintains and respects privacy and confidentiality of client and staff information.
- Responsible for knowing and meeting all health and safety requirements to ensure a healthy and safe workplace.

Qualifications:

- Registered member in good standing with one of the following five Colleges regulated to perform the Controlled Act of Psychotherapy in Ontario: The Ontario College of Social Workers and Social Services Workers, The College of Nurses of Ontario, The College of Occupational Therapists of Ontario, The College of Registered Psychotherapists of Ontario, The College of Psychologists of Ontario
- Documented evidence of formal CBT and CPT training with supervision/clinical consultation is preferred
- Experience working in a community-based or outpatient mental health setting is preferred
- Experience providing psychotherapy services virtually, in person and over the telephone
- Current First Aid and CPR Certification.
- Access to a vehicle and hold a valid Ontario Driver's License.

Qualified applicants are asked to submit a resume and cover letter outlining their experience to:

Selection Committee

Canadian Mental Health Association, Fort Frances Branch
P.O. Box 446
Fort Frances, Ontario P9A 3M8
Fax: (807) 274-2473 Email: tsinclair@cmhaff.ca.

Applicants will be considered until position is filled.
We would like to thank everyone for their application, but only those selected for an interview will be contacted.

CMHAFF offers a comprehensive benefits package including membership in the Healthcare of Ontario Pension Plan (HOOPP), starting vacation entitlement of four (4) weeks per year, competitive health, dental, Life, LTD, compressed work week and excellent work-life culture.

CMHAFF welcomes applications from individuals with disabilities. Accommodations are available upon request for candidates taking part in all aspects of the selection process.